

How to Pray

Communication is essential to any relationship including our relationship with God. While reading the Bible is the main way that God talks to us, prayer is how we talk to God. As you look to spend time in prayer, here are areas on which to focus:

ADORATION: The Bible tells us that we should praise God for who He is (*Psalm 150*). What are some characteristics about God that you can recognize about God as you pray? God, I recognize that you are ***Holy, Loving, Faithful, -Compassionate, Merciful, All-Powerful, All-Knowing, Present Everywhere, Wise, Just, etc.***

THANKSGIVING: The Bible tells us that it is God's will for us to give thanks in everything (*1 Thessalonians 5:18*). What are areas you can thank God for today?

CONFESSION: The Bible tells us as Christians that if we confess our sins (admit them to God) that He is faithful and just to forgive us (*1 John 1:9*). What are some sins that you have committed for which you need to ask God's forgiveness?

PETITION: The Bible tells us that we can cast all of our cares on the Lord (through prayer) because He cares for us (*1 Peter 5:7*). What are some areas of need that you have in your life that you can talk to God about today?

-Decisions you need to make

-Physical needs

-Occupational needs

-Financial needs

-Fears you are facing

-Goals you are pursuing

INTERCESSION: The Bible tells us about the importance of praying for each other (*Ephesians 6:18*). Who are some people in our life that you can pray about today?

-Family members

-Friends

-Coworkers

-Neighbors

-People who go to your church

-People going through difficulties